

## **The 8 Principles of Recovery**

Our aim is to aid in true recovery through a relationship with Christ. To say it straight from the start, we promote the One True Higher Power - Jesus Christ, and believe that complete and lasting recovery comes through faith and discipleship in Him alone. We ask only that you come with an open mind and heart.

Our program is based on the 8 principles of the "Celebrate Recovery" ministry:

1. Realize I'm not GOD. I admit that I am powerless to control my tendency to do the wrong thing and that my life is unmanageable.

*"Happy are those who know they are spiritually poor". (Matthew 5:3)*

2. Earnestly believe that GOD exists, that I matter to Him, and that He has the power to help me recover.

*"Happy are those who mourn, for they shall be comforted". (Matthew 5:4)*

3. Consciously choose to commit all my life and will to Christ's care and control.

*"Happy are the meek". (Matthew 5:5)*

4. Openly examine and confess my faults to myself, to GOD, and to someone I trust.

*"Happy are the pure in heart". (Matthew 5:8)*

5. Voluntarily submit to every change GOD wants to make in my life and humbly ask Him to remove my character defects.

*"Happy are those whose greatest desire is to do what GOD requires". (Matthew 5:6)*

6. Evaluate all my relationships. Offer forgiveness to those who have hurt me and make amends for

harm I've done to others, except when to do so would harm them or others.

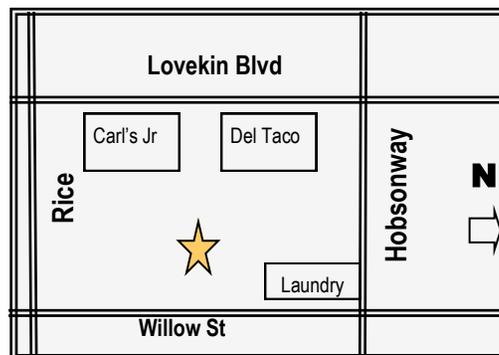
*"Happy are the merciful". (Matthew 5:7)  
"Happy are the peacemakers". (Matthew 5:9)*

7. Reserve a daily time with GOD for self-examination, Bible reading, and prayer in order to know GOD and His will for my life and to gain the power to follow His will.

*"You are the light of the world. A city set on a hill cannot be hidden". (Matthew 5:14)*

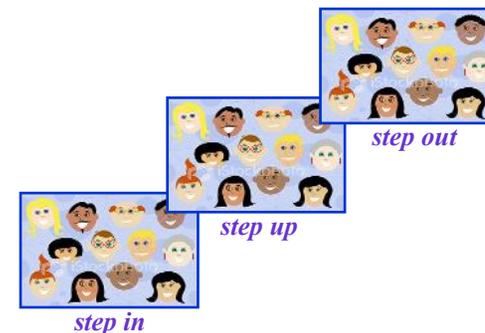
8. Yield myself to GOD to be used to bring this Good News to others, both by my example and by my words.

*"Happy are those who are persecuted because they do what GOD requires". (Matthew 5:10)*



**Isn't It Time?**

# **"3-Step" Christ-centered Recovery**



**Meeting Every Thursday  
at 6:00 PM**

**at Shiloh Agape Ministries  
141 So. Willow St.  
Blythe, Ca**

**Info: 760-922-9675**

## What can “3-Step” offer?

- **Provides** a safe place to unload your daily hardships and hang-ups, as well as providing a place to receive and give encouragement to like minded individuals.
- **Provides** you with leadership in recovery by people who have experienced similar struggles and have experience in group counseling and facilitation.
- **Provides** a great outreach ministry that will aid you in your struggles as well as your spiritual walk.

## What you can expect

Our leadership team is committed to honoring the Lord and to respecting His work in your life. We make the following promises to you:

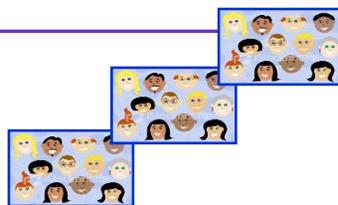
- That you will be welcome
- That you will be accepted as you are
- That you will be encouraged to move forward in recovery and discipleship
- That we will oversee the ministry in a way that promotes orderliness, integrity, confidentiality, and guards the emotional health of the attendees and the group at large

### The typical meeting flow:

- **6:00 PM** - Meeting begins, introductions, and announcements
- **6:05 PM** - Worship songs
- **6:20 PM** - Inspirational Study / Testimony
- **6:40 PM** - Group discussions
- **7:15 PM** - Meeting wrap up & prayer

## 3-Step Recovery

- **Step IN** - step into our circle of Christ-centered teaching, and hear of the healing grace and hope Christ offers
- **Step UP** - accept and enter a life changing relationship with Jesus, and begin to embrace & apply the lessons of the Gospel to your life
- **Step OUT** - step out of the defeat of addiction and into the victory of freedom through Christ



## Foundations of Victory

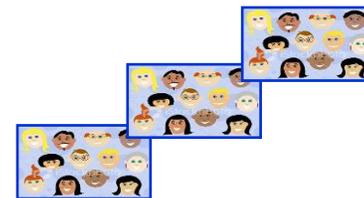
**We believe** victory is possible in recovery. It comes from embracing the truth about you, and about God.

**We believe** the following perspectives are crucial to experience victory over addiction:

- Know your foe! We realize that addiction is a stronghold from the devil, and hopelessness is his illusion.
- Understand that GOD has already won the underlying battle (**Colossians 2:15**)
- Be truly willing to recover! If your heart isn't truly willing, then it's all in vain.
- Declare and walk in our victory by faith! Once and for all we must give our defeats to GOD, and daily allow him to fight our battles for us. (**James 4:6-7**)

## Small Group Guidelines

1. Keep sharing focused on your thoughts and feelings, and on the meeting's topic at hand. Please keep sharing to 3-5 minutes or less.
2. Profanity or offensive language has no place in a Christ-centered group, and is unacceptable.
3. No romancing or glorifying of past (or present) sinful practices, or sharing in a manner that promotes or entices the desire to backslide. All are welcome to share with the right heart and the desire to overcome.
4. No crosstalk (i.e., two or more engaging in dialogue excluding all others), sharing out of turn, or interrupting another.
5. **ANONYMITY & CONFIDENTIALITY** is a must. What is shared in the group must stay in the group.
6. No band-aids on bullet wounds (do not comfort people while they're feeling necessary emotions).



## Who Are We?

“3-Step Recovery” is a cooperative ministry effort of Calvary Chapel Blythe, and Shiloh Agape Ministries Blythe.

“3-Step Recovery” is directed by Jason Johnson, Calvary's Assistant Pastor Over Recovery. Jason has several years experience in managing and overseeing the recovery process.



**Jason Johnson**